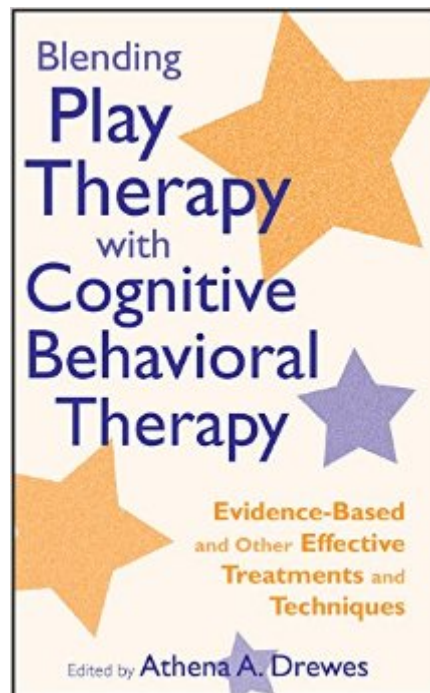


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# Blending Play Therapy With Cognitive Behavioral Therapy: Evidence-Based And Other Effective Treatments And Techniques



## Synopsis

In today's managed-care environment, therapeutic techniques must be proven to be effective to be reimbursable. This comprehensive volume is written by leaders in the field and collects classic and emerging evidence-based and cognitive behavioral therapy treatments therapists can use when working with children and adolescents. Step-by-step instruction is provided for implementing the treatment protocol covered. In addition, a special section is included on therapist self-care, including empirically supported studies. For child and play therapists, as well school psychologists and school social workers.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #139,023 in Books (See Top 100 in Books) #17 in [Books > Medical Books > Psychology > Movements > Cognitive Behavioral Therapy](#) #101 in [Books > Medical Books > Psychology > Education & Training](#) #143 in [Books > Textbooks > Social Sciences > Psychology > Cognitive Psychology](#)

## Customer Reviews

Finally! A book that combines play therapy with cognitive-behavioral therapy. This book provides a comprehensive approach to the need to integrate play in cognitive-behavioral therapy with children. Each chapter is written by a different author and integrates theory with practical ideas. Some chapters review current research on evidence-based approaches, which is helpful in today's current climate. I highly recommend this book to practitioners working with children.

I am VERY impressed with this book! Each chapter is jam-packed with detailed and specific information that is very applicable to counseling with kids and families. I'll use many of the activities in sessions with my clients. Everything in the book is annotated, making it easy to research more on the topic. The book shipped on time and I was very happy with the packaging- the book arrived in

perfect condition!

Excellent. Every child therapist could benefit from reading it. Relevant and up to date information about the different therapeutic approaches to work with children and adolescents, and a great effort at integrating views and theories. I recommend it highly.

This book is a good overview of the theory behind play therapy. It also provides a few examples. Each chapter ends with a huge reference list for further reading.

Very good reading for those who want to understand this type of therapy. A lot of good information in this book

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